

## Crockpot Chili

Adapted from Dorothea's Slow Cooker Chili in *Fix it and Forget It: Feasting with your slow cooker*.

### Ingredients:

- 1 lb ground beef
- 1/2 to a whole an onion, chopped
- 2 medium green peppers, chopped
- 3 ribs celery, chopped
- 2 15 1/2 oz cans red kidney beans
- 1 can diced tomatoes
- 6 oz can tomato paste
- 2 cloves minced garlic
- 2 Tbsp chili powder (or less to taste)
- 1 1/2 tsp. salt

### Directions:

1. Brown beef in a skillet. (I salt and pepper the beef as it's browning, and throw in some Italian herbs.) Drain.
2. Combine all ingredients in slow cooker.
3. Cover. Cook on low for 8 to 10 hours.

Serves 8 - 10

Tip: This freezes fairly well. Just defrost in the refrigerator and reheat.